



Pause for a moment ... who are you going to send this to right now?

Hold Short! Is this for real?

Are your doctors *still* searching for ways to help you?

More tests? Stubborn symptoms? Life is passing you by?

Doesn't anyone have *choices* instead of side effects?

Yes! Your desired recovery could be taking off tomorrow!

Your condition might be one that I've helped for years ...

CAUTION: Your cancer doctors likely will dismiss or ignore the scientific documentation presented below. I have been told that the only way some people have been able to get comprehensive treatment programs such as I offer below is for them to arrange a Teleconsultation doctor-patient relationship with me through my office: DIAL 1-800-FIX-PAIN.

You might be surprised to hear my reassurance – and I can guarantee that your doctors wouldn't believe me either. I used to be skeptical too. Then I found that other physicians were learning what none of us had been taught in school. And *THAT* could be precisely why you are still suffering, looking for better answers, worrying about drugs or surgery, hoping that you can still perform your job and still enjoy a happy, long life. You can **trust this Chief Pilot** – I've guided thousands of patients through this same medical maze you are facing. Planning for each landing to be a greaser, get stable on the glideslope and stay lined up with the centerline!

Cancer is a leading cause of demise worldwide, accounting for 7.6 million deaths (around 13 per cent of all mortalities) in 2008. Deaths from cancer worldwide are projected to continue rising, with an estimated 11 million anticipated in 2030. But ... *what if* what they are calling "*cancer*" is related to cell and organ changes associated with

The Yeast Syndrome? Or toxic heavy metals? Or nutritional deficiencies? Or ... more than just one of a number other triggers that also should be addressed but are ignored or misunderstood and never treated and continue to cause daily suffering and finally loss of life – maybe even yours? You need to know that you could have choices beyond what conventional doctors might share, those that are offered by a skilled, experienced Integrative Medicine physician.

Where are your “health hacks”? Relax ... it’s only a temporary delay.

In my medical practice, I help people conquer all sorts of complex medical issues by making the effort to discover and treat the root causes. Now I’m refining discoveries from those decades of experience to share with you time-tested high-impact strategies and hacks – ensuring that you stay sharp, strong, and cleared for takeoff.

This page is your initial “flight briefing” on how Integrative Medicine approaches can reduce your need for drugs or surgery and help you to fly longer and to live better. Conventional doctors miss what they don’t believe is real or that they aren’t trained to see ... but my methods have proved themselves in countless cases: procedures that *I* have *seen*, that *I* have *used*, and that *I* have *taught* around the world to truly help people.

Simply stated: the “hacks” that I offer can help you in ways you’d never expect. As I have said for years **When life is your choice, failure is not an option™.**

The links below could start you right now on your journey to feeling better!

Each health condition is unique and must be addressed at its root cause for success with each *individual* patient. The medical condition known as “cancer” has been the subject of research for well over a hundred years. We have giant hospitals and prestigious medical clinics – and even a doctor’s office down the block – who offer poisonous chemotherapy, devastating radiation therapy, toxic doses of cortisone, and mutilating surgery. So, I ask you the question ... “What if ... *what if* something different, more livable, less painful, and still effective could be offered as ‘treatment’ for *your* cancer?” When I was training at world-famous M. D. Anderson Cancer Center, I accepted the idea that conventional medical doctors (“oncologists” and “cancer surgeons”) would do only what was absolutely appropriate to save your future and your life. And then I found that other options might be more desirable for *me*, for my *family*, for my *patients*.

Not everyone can safely avoid the usual “slash-poison-burn” treatments and still have adequate treatment for their cancer burden. In fact, Integrative Medicine approaches often can be used *alongside* the conventional ones, for greater comfort or even more successful outcomes. Still, I can start to “give you general vectors” to better understand what “insults” likely cause or contribute to your problems (get ‘em *gone*),

what “factors” you might be missing but need in order to improve (get ‘em *in*), and what hormonal and biochemical “switches” you need to turn on or balance (get ‘em *started*), all to feel better now. Getting “from here to healthy” is a journey, an exclusive flight plan for each one of us, to restore and preserve the precious gift of health. And it always starts with your commitment to succeed and your willingness to do what really matters.

You might not see how your current health issues could relate to the approaches that I offer for your review. But my successes show that Integrative Medical methods *could* be a pivotal ***first step***. Are you ready to enjoy life-changing revelations? Taxi up to the hold line — take a few minutes to explore how whole-health planning can favor a healthier flight career. Line up and wait... because more *Cleared for Takeoff* is coming soon.

Your wings depend on your wellness — let’s get ahead of it together.

Here’s an easy-to-understand review of how you might regain your vitality. I have enjoyed **43 years** treating countless “unrelated” medical diagnoses that responded when I focused on The Yeast Syndrome. And similarly with chelation for toxic heavy metals (presented in WEBPAGE 2 – HEALTH HACKS – CHEALTION CATCH-ALL folder). And also proper support with nutritional supplements. Not to forget balancing hormones or treating for bacterial or viral or parasite infections. *Yes, really* — turns out, there’s a common thread here and many organ system breakdowns can be created or worsened by yeast/fungus/mold/mildew exposures and the several other factors I have listed. Ready to see for yourself? Start with discovering **The Yeast Syndrome**: [[CLICK](#)]

Looking for more treatment details about *specific* illnesses might be compromising your organ functions: Read my 1986 Bantam Books bestseller, **The Yeast Syndrome**: AMAZON LINK: <https://amzn.to/4hVwiXV>

Recent inquiry into yeast/fungus as a factor in developing cancer was stimulated by ideas put forth in a 2005 book authored by Italian oncologist Dr. T. Simoncini: **CANCER IS A FUNGUS A Revolution in Tumor Therapy, Kindle Edition**: AMAZON LINK: <https://amzn.to/4jiDGhm>

Jonathan Stegall, an Atlanta, Georgia, oncologist, authored a book that might help you understand and navigate your way through the cancer treatment maze: **Cancer Secrets: An Integrative Oncologist Reveals How to Fight Cancer Using the Best of Modern Medicine and Natural Therapies**: AMAZON LINK: <https://amzn.to/4jv3lmX>

Even though I say that you can trust this Chief Pilot, you do not need to take

my word for it ... the following scientific articles are a small selection from “refereed” (authoritative) medical journals ... Browse and make up your

own mind as to whether you should be looking for Integrative Medicine strategies and hacks and tips for better health and a longer flight career.

Scientists Are Finding Fungi in Cancerous Tumors:

<https://www.smithsonianmag.com/smart-news/scientists-are-finding-fungi-in-cancerous-tumors-180980881/>

Is Cancer a Fungus? A New Theory: <https://drsircus.com/cancer/is-cancer-a-fungus/>

Pan-cancer analyses reveal cancer-type-specific fungal ecologies and bacteriome interactions: <https://pubmed.ncbi.nlm.nih.gov/36179670>

The tumor mycobiome: A paradigm shift in cancer pathogenesis:
<https://pubmed.ncbi.nlm.nih.gov/36179665>

A pan-cancer mycobiome analysis reveals fungal involvement in gastrointestinal and lung tumors: <https://pubmed.ncbi.nlm.nih.gov/36179671>

Fungi in cancer: not such a ‘fun-guy’:
<https://pubmed.ncbi.nlm.nih.gov/36323799>

Visualization of the relationship between fungi and cancer from the perspective of bibliometric analysis:
<https://www.sciencedirect.com/science/article/pii/S2405844023058000>

Unveiling the hidden players: exploring the role of gut mycobiome in cancer development and treatment dynamics:
<https://pubmed.ncbi.nlm.nih.gov/38485702>

Gut fungal mycobiome: A significant factor of tumor occurrence and development:
<https://www.sciencedirect.com/science/article/pii/S0304383523002537>

The fungal mycobiome: a new hallmark of cancer revealed by pan-cancer analyses:
<https://pubmed.ncbi.nlm.nih.gov/36725834>

Mycobiome and Mycobiome-Associated Diseases:
<https://pubmed.ncbi.nlm.nih.gov/37648499>

You might have heard that “**parasites**” are rampant – everywhere, everyone, not just in “Third-World Countries.” Here are some perspectives you need to know but you have never heard before.

Parasite and Cancer Relationship: <https://pubmed.ncbi.nlm.nih.gov/35604195>

Parasites and malignancies, a review, with emphasis on digestive cancer induced by *Cryptosporidium parvum* (Alveolata: Apicomplexa):
<https://pubmed.ncbi.nlm.nih.gov/22348213>

Association of Parasitic Infections and Cancers:
<https://www.sciencedirect.com/science/article/pii/S025508572102644X>

Role of parasites in cancer: <https://pubmed.ncbi.nlm.nih.gov/23829116>

CDC researchers link cancer cells from parasite to human tumors:
https://archive.cdc.gov/www_cdc_gov/media/releases/2015/p1104-parasite-tumors.html

Cancer and Parasites: Are These Infections Linked to Tumors?:
<https://biologyinsights.com/cancer-and-parasites-are-these-infections-linked-to-tumors>

You might have heard that “**bacterial or virus infections**” are inconvenient and often self-limiting – but what if “treatment” doesn’t recognize that you *might* be at higher risk for cancer?

An Introduction to Virus Infections and Human Cancer:
<https://pmc.ncbi.nlm.nih.gov/articles/PMC8336782>

Infectious causes of cancer: an evolving educational saga:
[https://www.clinicalmicrobiologyandinfection.com/article/S1198-743X\(14\)61802-4/fulltext](https://www.clinicalmicrobiologyandinfection.com/article/S1198-743X(14)61802-4/fulltext)

Bacterial infections and cancer:
<https://www.embopress.org/doi/10.15252/embr.201846632>

The microbiome and human cancer:
<https://www.science.org/doi/10.1126/science.abc4552>

The molecular mechanisms of virus-induced human cancers:
<https://www.sciencedirect.com/science/article/pii/S088240102300325X>

Bacteria and tumor: Understanding the roles of bacteria in tumor genesis and immunology:
<https://www.sciencedirect.com/science/article/pii/S0944501322001227>

You might have heard that “**nutritional supplements**” can help boost your body defenses against cancer?

Patrick Quillin, Ph.D., nutritionist and dietitian, shares easy to understand concepts about nutritional support in treatment of cancer: **Beating Cancer with Nutrition: Optimal nutrition can improve outcome in medically treated cancer patients:** AMAZON LINK: <https://amzn.to/3RKirJc>

A leader in interventional radiology and immune treatments, Jason R. Williams, M.D., adjunct professor at Case Western Reserve University School of Medicine (my alma mater), presents available options now for the future of treating cancer in a book you will want to read: **The Immunotherapy Revolution: The Best New Hope For Saving Cancer Patients’ Lives** Paperback: AMAZON LINK: <https://amzn.to/3Rfjz7G>

Another valuable addition to your bookshelf, by Nasha Winters, Naturopathic Physician – incidentally, my Celebration of Healthy Eating diet outlined in **The Yeast Syndrome** book served as a basis for later development of the “keto diet”: **The Metabolic Approach to Cancer: Integrating Deep Nutrition, the Ketogenic Diet, and Nontoxic Bio-Individualized Therapies:** AMAZON LINK: <https://amzn.to/4j79yFL>

Written by one of my dear friends (she was president of the National Health Federation when I was chairman of the board), Maureen Salaman was among the first to bring these critical perspectives to the attention of our modern society: **Nutrition: The Cancer Answer:** AMAZON LINK: <https://amzn.to/4cw4tnP>

Intravenous High-Dose Vitamin C in Cancer Therapy:
<https://www.cancer.gov> › research › key-initiatives › ras › news-events › dialogue-blog › 2020 › yun-cantley-vitamin-c

Targeted therapies of curcumin focus on its therapeutic benefits in cancers and human health: Molecular signaling pathway-based approaches and future perspectives:
<https://www.sciencedirect.com> › science › article › pii › S0753332223018322

You might have heard that “prescription **medications**” could be useful when used in “off-label” ways as part of a comprehensive treatment program for those suffering with cancer. Here are some examples:

Repurposing Ivermectin to augment chemotherapy’s efficacy in osteosarcoma:

<https://journals.sagepub.com › doi › 10.1177 › 09603271221143693>

Ivermectin has New Application in Inhibiting Colorectal Cancer Cell Growth:

<https://pubmed.ncbi.nlm.nih.gov › 34483925>

The Magic of Ivermectin in Oncology:

<https://www.cancertreatmentsresearch.com › ivermectin-in-oncology>

Fenbendazole Exhibits Differential Anticancer Effects In Vitro and In Vivo in Models of Mouse Lymphoma: [You’re not a mouse or “dirty rat” – but studies like this lead research in directions to develop novel treatments for people]

<https://pmc.ncbi.nlm.nih.gov › articles › PMC10670425>

The use of methylene blue to control the tumor oxygenation level:

<https://www.sciencedirect.com › science › article › pii › S1572100024000863>

Certainly you can appreciate why I felt compelled to create this free website to share “*with everyone*” many perspectives developed over a lifelong career of exploring and refining effective treatments for challenging illnesses. I could continue to provide more examples of the evolving scientific evidence that Integrative Medicine approaches might be advisable – or even essential – in your recovery with cancer and other chronic degenerative diseases. *You*, however, do *not* need to “become an expert” in reading and understanding all of these concepts – simply find an experienced, skilled Integrative Medicine physician in whom you can place your trust.

In my effort to freely share effective Integrative Medicine hacks and tips, I will be adding more specific programs to each of these “cancer” diagnoses on WEBPAGE 2. Until then, this document gives you a “head start” on realizing that medical science can offer you much, much more than conventional physicians and surgeons are sharing with you in your time of need.

Addressing your major health issues is a complex task, one of the reasons why I studied for a master’s degree in nutritional medicine (1985) and have trained to be recognized as a world-class expert in several areas of Integrative Medicine – please do *NOT* assume that your problems do **not** relate to topics such as those I have presented here, do *NOT* assume that “it’s just a simple treatment program” ... Beyond “just flying around” in a Super Cub, your recovery needs to be guided by a specialist trained and experienced like a captain of a Boeing 787 or an Airbus 350.

Do you need to “declare an emergency” and urge me to fast-track adding specific “hacks” to *this* medical topic sooner rather than later? Send a note with your concerns and I’ll chart a course to get you the help you need sooner:

helpme@clearedfortakeoff.info

*Is your health issue more **urgent**? Perhaps threatening your ability to fly right now?*
Declare “Mayday – Mayday – Mayday” by contacting my medical office Treatment Counselors to see about **personalized care**, teleconsulting or in person in Houston, to preserve your career and maybe even your life:

urgent@clearedfortakeoff.info or info@healthCHOICESnow.com

or **DIAL 1-800-FIX-PAIN**