



Pause for a moment ... who are you going to send this to right now?

Hold Short! Is this *for real*?

Are your doctors *still* searching for ways to help you?

More tests? Stubborn symptoms? Life is passing you by?

Doesn't anyone have *choices* instead of side effects?

Yes! Your desired recovery could be taking off tomorrow!

Your condition is likely one that I've helped for years ...

You might be surprised to hear my reassurance – and I can guarantee that your doctors wouldn't believe me either. I used to be skeptical too. Then I found that other physicians were learning what none of us had been taught in school. And *THAT* could be precisely why you are still suffering, looking for better answers, worrying about drugs or surgery, hoping that you can still perform your job and still enjoy a happy, long life. You can **trust this Chief Pilot** – I've guided thousands of patients through this same medical maze you are facing. Planning for each landing to be a greaser, get stable on the glideslope and stay lined up with the centerline!

In general, toxic heavy metals are thought of as related to “heart and blood flow” conditions: heart attack, “cardiomyopathy” (decreased heart muscle function), hardening of your arteries (heart and everywhere else), heart rhythm changes, high blood pressure, stroke and TIA (transient ischemic attack), impaired brain functions (confusion, difficulty concentrating) and failing memory, macular

degeneration and cataracts and other vision decline, kidney and liver and other organ dysfunctions, claudication leg pains with walking, gangrene. What people (and their physicians) often ignore are *other* significant breakdowns: fatigue and weariness, peripheral neuropathy (tingling, numbness, burning sensations in legs or arms), tremors (even Parkinson's), coordination issues, muscle weakness and aches and pains, loss of bone minerals (osteopenia, osteoporosis), hormone declines, altered immune defense system functions, cancer, and much more! So ... learning about how to restore your body that is gradually being poisoned by our ever-more-toxic environment is essential to living and flying healthier, longer, better.

Where are your “health hacks”? Relax ... it's only a temporary delay.

In my medical practice, I help people conquer all sorts of complex medical issues by making the effort to discover and treat the root causes. Now I'm refining discoveries from those decades of experience to share with you time-tested high-impact strategies, hacks, and tips – ensuring that you stay sharp, strong, and cleared for takeoff.

This page is your initial “flight briefing” on how Integrative Medicine can reduce your need for drugs or surgery, help you fly longer, and heal you to live better. Conventional doctors miss what they don't believe is real or what they aren't trained to see ... but my methods have proved themselves in countless cases: procedures that *I* have *seen*, that *I* have *used*, and that *I* have *taught* around the world to truly help people.

Simply stated: the “hacks” that I offer can help you in ways you'd never expect. As I have said for years **When life is your choice, failure is not an option[™].**

The links below could start you right now on your journey to feeling better!

Each health condition is unique and must be addressed at its root cause for success with each *individual* patient. When I was trained in conventional care through medical school, residency, and continuing education courses, I accepted that “drugs and surgery” were the correct approach. And then I found that other options might be more desirable for me, for my family, for my patients.

Now I can start to “give you general vectors” to better understand what “insults” likely cause or contribute to your problems (get 'em *gone*), what “factors” you might be missing but need in order to improve (get 'em *in*), and what hormonal and biochemical “switches” you need to turn on or balance (get 'em *started*), all to feel better now.

Getting “from here to healthy” is a journey, an exclusive flight plan for each one of us, to restore and preserve the precious gift of health. And it always starts with your commitment to succeed and your willingness to do what really matters.

You might not see how your current health issues could relate to “chelation,” which reduces toxic heavy metals and reverses free-radical inflammation damaging your tissues. My sweeping treatment successes show that treating with chelation could be a pivotal *first step* for so many devastating diagnoses. Are you ready to embrace and endorse these life-changing revelations? Taxi up to the hold line — take a few minutes to explore how whole-health planning can favor a healthier flight career. Line up and wait... because more *Cleared for Takeoff* is coming soon.

Your wings depend on your wellness — let’s get ahead of it together.

Here are easy-to-understand reviews of how you might regain your vitality. I have 42 years’ experience treating countless *seemingly* “unrelated” medical diagnoses that responded well when I focused on Chelation Therapy. *Yes, really* — turns out, there’s a common thread here. Ready to see for yourself? **Several of my documents are grouped together in the “Angina Pectoris” folder, because chelation can be so successful with heart and blood vessel disorders that could otherwise ground you “forever” – but it can help you with so much more:** [[CLICK](#)]

Looking for more scientific evidence? This book is a definitive review on how we are being sickened unto death by toxic metals in our world – expensive but absolutely convincing to any *open-minded* physicians: **Heavy Metal Toxicity: Human Health Impact and Mitigation Strategies (Environmental Science and Engineering) 2024 Edition** – AMAZON LINK: <https://amzn.to/43uk3y3>

A more affordable and “general public” book written by my friend of 5 years, Gary Greenburg, collaborating with my colleague and dear friend of 42 years, Tammy Born Huizenga, D.O., can make these health recovery ideas understandable for you and those who love you: **The Chelation Revolution: Breakthrough Detox Therapy** – AMAZON LINK: <https://amzn.to/43A6ld4>

Some people will want to see more documentation beyond what I have written (after 42 years of clinical experience providing chelation and lecturing to doctors around the world) about how toxic heavy metals shatter your organ functions, especially your immune defense system, your brain function, and much more:

– **The Poisons Around Us: Toxic Metals in Food, Air, and Water:** AMAZON LINK: <https://amzn.to/3E8TDrs>

– **Heavy Metal Detox: Release Rust From Our Cells:** AMAZON LINK:
<https://amzn.to/4ILOd6L>

– **Heavy Metals Detox:** AMAZON LINK: <https://amzn.to/4ILOuqj>

– **The Complete Heavy Metal Detox Book Guide:** AMAZON LINK:
<https://amzn.to/43SmoD5>

Addressing your major health issues is a complex task, one of the reasons why I studied for a master's degree in nutritional medicine (1985) – please do *NOT* assume that your problems do **not** relate to toxic heavy metals, do *NOT* assume that “it’s just a simple treatment program” ... Beyond “just flying around” in a Super Cub, your recovery needs to be guided by a specialist trained and experienced like a captain of a Boeing 787 or an Airbus 350.

Do you need to “declare an emergency” and urge me to fast-track adding specific “hacks” to *this* medical topic sooner rather than later? Send a note with your concerns and I’ll chart a course to get you the help you need sooner:

helpme@clearedfortakeoff.info

*Is your health issue more **urgent**? Perhaps threatening your ability to fly right now?*
Declare “Mayday – Mayday – Mayday” by contacting my medical office Treatment Counselors to see about **personalized care**, teleconsulting or in person in Houston, to preserve your career:

urgent@clearedfortakeoff.info or info@healthCHOICESnow.com

or **DIAL 1-800-FIX-PAIN**